

Governing Board Meeting Agenda  
Thursday 4/4/19  
4:30-7:30 pm  
(66 Lafountain St Winooski, VT)

- Welcome & Introductions (5 minutes)
- Approval of minutes from last meeting (5 minutes) Suzanne approved minutes and Lauren second
- Norms review and role assignments (5 minutes)

### **Governing Style**

- Be impeccable with your word: Say only what you mean
- Do your best to depersonalize what is being said
- Ask for clarification to check out assumptions
- Always do your best

### **Ground Rules for Meetings**

At the start of each Board meeting assign the following roles:

1. Facilitator: Cairsten
2. Note Taker: Julie
3. Timekeeper: Roger
4. Process Observer: Barbara
5. Parking Lot: Lauren

- Committee Reports (4:30-5:30)
  - [Finance Report](#)
    - Should we give money for the AOE conference?- Cairsten has been helping to organize the event which is support given by VTSCA
  - Membership:
    - Total active membership: 218, total licenced school counselors 144
    - Suzanne has a connection at VPA that may be able to help get list of school counselors in the state of VT
    - Can we get graduating lists from UVM and Johnson?
  - Public Policy, Advocacy & Legislation:
    - Senate Education Committee Testimony
      - In February Tara testified and made great connections with senators and VT NEA president
      - [Testimony on the VT Senate Website](#)

- [MTMDSS - Trish Hatch](#)
  - Next year we could reach out to our members about this opportunity and do a lunch together
  - Create presentation to share w/ members on how to advocate for school counseling roles in schools
- Report out from ASCA/Leisl
  - Tara emailed Leisl about website, bylaws, and VT school counselor directory
  - Directory- Leisl said this would be challenging to keep up with
  - ASCA website- no charge
  - Bylaws and policies- policies pretty solid, bylaws 12 items of things to think about.
    - Summer retreat to edit bylaws and policies
- Public Relations:
  - SCOY Gala-
    - Cairsten attended the first week in February honoring Moriah at the Kennedy Center,
    - Speaker was dynamic and engaging
    - Something to look at doing each year as well, sitting president gets invited each year and that is the only person who can attend- no fill in person if the president can not attend
  - SCW Social
    - 5 people attended besides board members, including a person from girls on the run
    - Feedback from another elementary school counselor was that if it was also a work focus then she might be more likely to attend- maybe having it be an afternoon work session with a social afterward
    - Mailing addresses were not all updated - have a station at check in at the conference to check addresses and update
    - Rebecca is willing to help if we do a southern social
  - BFP Interview - Tara
    - Writing an article on trends in increases in student support expenses, would we be willing to talk with her to give our perspective?
      - We can share Tara's testimony with the state in order to help build understanding of what school counselors do, send the ASCA role of the school counselor information
  - Awards
    - Tara went to Barre City Elementary for Life Time Achievement to Joanne Campisi
    - Suzanne went to Winooski to give new school counselor Heidi McLaughlin
    - Suzanne will go to Stowe next week to give School Counselor of the Year to Patti Tomashot
    - Suzanne will send a thank you email on Monday to those who wrote nominations

- Pictures of the awards will be sent to Suzanne and then we will do a social media blast
  - Winners should be active members
- IT/Website:
    - Put board roles on website: Cairsten- President, Kara- treasurer, Suzanne- past president, Julie- secretary, Tara- president elect, Liam- VSAC, Roger- ethics chair, Barbara- Crisis Planning Team Liaison- Cairsten added these names/titles to the website under Governance
    - Add open positions: Liaisons to UVM and NVU
  - Liaisons:
    - VT School Crisis Planning Team:
      - Meetings every two months Wednesdays at 10am in Waterbury
      - Are we traumatizing elementary school children with conversations about school shootings.
        - Can school counselors speak at Safety conference in November about this?
        - Having positive relationships with local PD is important for this implementation.
        - Important to understand trauma affecting teachers as well as students.
      - Next meeting is April 5th, 2019
        - School safety bill that was passed last year will be discussed
        - Of the school violence threats averted 74% came from students- See Something Say Something, who would you feel comfortable talking with (students and teachers)
        - Vermont Intelligence Center: School threats to date, mostly middle and high school and about shooting, encouraging schools to report to VIC to put together solid data.
          - Who should be responsible for reporting school information?  
Should be the Superintendent
          - How do you figure out which incidents are reported? This will be discussed as well.
    - VSAC- no updates at this time.
  - Ongoing Business (5:30-6:45)
    - Career Pathways Conference 5/2 & 5/3
      - 5/2 2 hour welcome and the bulk of the day is 5/3
      - Contacted Terri Tchorzynski. 2017 school counselor of the year who is the keynote

■ Workshop from NAPE, they have also offered to do a workshop at our fall conference and AOE will pay

- Cairsten facilitating lunch panel
- Dan French and Toni Marra will be there as well
- 10 counselors currently registered, 17 total

Fall Conference 2019

■ Have a station at check in at the conference to check addresses and update  
■ April break starting to send out calls for break out sessions  
■ Reach out to Brian Coleman 2019 school counselor of the year about being keynote

- Have advocacy station

**From Last Meeting:** Tagline: "I'll be there for you"

■ Photobooth with Friends props + couch  
■ Conference promotional video: Matthew Bingnot from CVCC is willing to help us connect with students he works with to work with us

- Venue and date today

- **Southern location-Killington- November 4th**
- Sugarbush possibility for next year- Lauren can look into

this

- Need 5 break out spaces

- Social Sunday evening
- Yoga with Tara for free + Hiking opportunities
- Speaker ideas:

- Past National School Counselor of the Year-

Kiersten or Catherine Pastor

- Email Cairsten with keynote ideas
- Lou Bevacqui: <https://loubevacqui.com/>
- Brian Coleman 2019 SCY

- Breakout session possibilities:

○ language to talk with students about safety and threat assessments- Barbara can connect with VT Crisis Committee about someone to help with this

- NAPE break out session
- Session about how to advocate for your role

as a school counselor

- [Vermont Suicide Prevention Center](#) and

UMatter- Suicide prevention training

○ Students presenting about issues and concerns around suicide and discussing with school counselors

- Vaping: Michael D'Leon

steeredstraight.com

- Connecting emotions to actions (Lou B.- see above link)
- Wendy Monahan or Stan Baker play therapy- Julie could check in about this
- RAMP breakout sessions- have some school counselors who have been through the process talk about how the process works
- Take out the Youth Light Table for this year

- Consider adding the following to post survey after conference:
  - Are you interested in an exploratory regional colleague supervision group?

Short list of conference venues in southern Vermont.

<http://www.vermont.com/southern-vermont/weddings-conferences/conference-facilities/>

- New Business (6:45-7:30)
  - ASCA 2019 in Boston
    - Sign up for ASCA- Julie and Tara signed up
    - In a month send out another survey around car pooling: add if you are going to conference but not carpooling, make sure it is set to collect email addresses
    - Plan one night for VT social, maybe Sunday
  - Role Assignments- Title for Lauren on the board and Suzanne's role
  - Website via ASCA
    - Transition from Wild Apricot to ASCA website
    - Board leadership retreat and have Leisl attend
    - Review other states websites who use ASCA site
    - ASCA will also have an App
    -
  - Set 2019-2020 board meeting dates
    - Keep to a similar schedule as this year, during the week- will look at specific dates in August
    - Look into keeping VSAC for regular meeting times
  - Summer retreat date-August Monday 12th and Tuesday 13th
    - If we commit to Fall 2020 at SugarBush then we may be able to get a room at Sugar Bush for retreat- Lauren and Tara will check in about this
    - Rotate between Sugarbush, Killington, and Stoweflake for conferences?
    - Invite new board members to join us
  - Winter Retreat?
    - Will look into having another retreat

## Action Items:

**Parking Lot:**

- **How many school counselors are in the state of Vermont?**
- **Follow up with Lance at UVM-VTSCA & interns at board meetings-VTSCA scholarship?**
- **How do we educate superintendents and Administrators on the role of school counselor? Present at annual conference?**
- **Can we put a presentation out and resources for members to be able to show administrators what school counselors do**
- **Summer work-make edits to by laws**
- **Consider building a relationship with Girls on the Run**
- **Station at the conference to double check addresses**
- **Introduce board members at conference**